

Christine Humbach

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Christine is new to the Seattle area having just moved from Chicago. She is certified in Les Mills BODYPUMP, BODYATTACK and is an ACE Certified Group Fitness Instructor.

Her first love, however, is dance.

She grew up training in ballet, jazz, and modern and has danced professionally with Ballet Theatre of Maryland and Chicago Repertory Theater. Here in Seattle you'll find her on stage with Olympic Ballet Theatre. Christine is very excited to be subbing for Ballet Barre at The SeattleGym. Hope to see you at the Barre!

